

## **Abstract**

**Author:** Barbora Rosalie Váchová

**Title:** Case report of physiotherapeutical care of a patient with scoliosis.

**Objectives:** The main object is to report about problematics of scoliosis and to write down possible process of physiotherapeutical care of a patient with this diagnosis.

**Methods:** The thesis consists of a general part and a special one. In the general one the spine scoliosis issue is processed via the recherche form. The special part was processed during the practise held in the Fakultni nemocnice Kralovske Vinohrady by the means of casuistry, formed when working with a female patient diagnosed with scoliosis. The casuistry includes intrance kinesiologic analysis, short-term and long-term therapy plan, suggestion of the therapy, process of the therapeutic units, output kinesiologic analysis and evaluation of the therapy effect.

**Results:** After completing the therapy units the state of the soft tissues of the patient has markedly improved and thus to improve her motion stereotypes.

**Keywords:** physiotherapy, case report, scoliosis, spine, sensomotor, idiopathic